

Dolomyths Run Fassa Trail 2024 RULES

Participation

In order to take part in the competition, the athlete must be at least 18 years old, and must possess medical certificate of fitness for competitive sports (B1, B2, B3, B4, B5, B6 - cardiovascular intensive activity) valid at the time of the competition for the following disciplines: athletics, skyrunning, mountaineering, ski mountaineering, cross-country skiing or cycling.

Participation implies express and unreserved acceptance of these rules and regulations in their entirety in addition to the acceptance of all instructions addressed to participants by the Organisation.

Competitors are also obliged to comply with the Highway Code, particularly in sections where the route crosses ordinary roads, which will NOT be closed to vehicular traffic (e.g. SS 641 Passo Fedaia - SS 48 Passo Pordoi, - SS 242 Pian Schiavaneis).

Route

The event will start from the centre of Canazei (Piaz Marconi) at 05.00 a.m. on Saturday the 20th of July 2024, following secondary roads and paths, it will reach the villages of Alba and Penia; from here it will continue towards the locality of Pian Trevisan and following the old war road, it will pass through the locality of "col da baranchie" to reach the locality of Lake Fedaia. Competitors will skirt the dam and the old road connecting the provinces of Trento and Belluno to reach Padon. From here, they will travel all the way along the Viel dal Pan, for a good stretch along the ridge, until reaching the Pordoi Pass. The trail will continue downhill up to Lupo Bianco (Pian Frataces) and then ascend along the road that once served as a link between the provinces of Trento and Bolzano until it reaches Col Rodella. From here, the descent will begin towards the finish line, located in Piaz Marconi in Canazei, after covering approximately 42 kilometres and 2150 metres of

positive altitude difference.

The race will take place in a single stage, at free speed and within a time limit.

In particular:

- **Dolomyths Fassa Trail** (hereafter also 'TRAIL'): approx. 42.0 km over 2,150 metres D+, with departure and arrival in Piazz Marconi in Canazei (TN), in semi-self-sufficiency, in a 12-hour time limit.

The route will be marked with appropriate flags. At the start, finish and along the entire route

Organisation personnel will be deployed to whom any participant can refer in case of need. The service personnel will wear a high-visibility waistcoat (YELLOW).

It is mandatory to follow the signposted route, under penalty of disqualification.

There are no limitations on the acceptance of competitors in relation to their technical abilities, however, since the route includes passages at altitude and on the ridge and the conditions

can be very difficult (darkness, cold, rain/snow, wind), careful training, a

good hiking experience and a real capacity for personal autonomy are indispensable.

Before registering, it is therefore strongly recommended to have already participated in other trails in mountain environment.

Competitors must strictly respect the marked race route, avoiding taking shortcuts or cutting sections of the course. Any distancing from the marked race route (max. 20 m from the flags), as well as entailing disqualification from the order of finish, will be at the sole risk of the competitor, given the high mountainous nature of the places concerned. The topographical map of the route, containing practical information as well as the location of the checkpoint barriers and the GPS track, will be published on the website of the event and competitors are invited to take it with during the competition.

- **Mandatory equipment:**

- bib (large bib in front - small on the backpack) must be worn visibly for the entire duration of the race and cannot be altered in any way
- identity document
- trail backpack for compulsory equipment
- trail shoes
- water bottle/camel bag with at least 1 litre water reserve
- first aid set
- thermal survival tarp min
- whistle
- food reserve (bars-gel-etc.)
- waterproof-windproof jacket
- long running trousers
- gloves and beanie
- collapsible glass (the organisation will NOT provide plastic cups at refreshment stations)
- mobile phone (enter organisation number in case of need, do not mute, do not mask number).
- Always carry the chip/transponder that the organisation will provide

The compulsory equipment will be checked before the start and afterwards on a random basis. Any violations will be sanctioned by disqualification of the competitor.

Optional and recommended equipment:

In addition to the above-mentioned compulsory equipment, the organisation advises athletes to bring with them:

- trekking poles (competitors who wish to use poles must keep them throughout the whole race)
- spare clothing in case of bad weather

- sunscreen
- Vaseline or cream for abrasions
- 20€ to be used in the case of consumption at the refuges along the route.

Chronometric barriers

Time barriers, so-called 'gates' are previewed. These barriers are calculated in order to allow participants to reach the finish line within the maximum time allowed, while still being able to take stops (rest, meals, etc.). In order to be authorised to continue the test, competitors must leave the checkpoint before the set time limit.

In particular:

- Start at 05.00 a.m., maximum time for completion is 12 hours. Competitors who pass with a time of over 2 hours and 30 minutes at Passo Fedaia - 5.30 hours at Passo Pordoi - 9 hours at Col Rodella will be excluded from the race.

Any athlete who does not respect the time barrier set will be excluded from the competition.

Following such exclusion, the athlete - if the delay was due to reasons other than physical indisposition - will have to return to the valley strictly following the route followed up to that moment, and, in any case, following the instructions of the safety officers. The athlete who does not respect the maximum time set by the gate due to intervening physical and/or health problems, will be taken over by the organisation, which will care of his return to the valley.

At the time barrier and at any point of the course, the organisation - at the sole discretion of the medical staff in attendance - may exclude any competitor considered no longer physically able to continue the competition, even if they have passed the envisaged gate.

Abandonment

Any competitor who withdraws from the race must compulsorily report this to any control point by showing the bib assigned. In case the withdrawal where no medical intervention is required,

the athlete must return independently along the marked route and join the Organisation's shuttles at the refreshment points, which ensure the return to Canazei only (TN). In case voluntary abandonment, thus not resulting from physical impediment, and with the communication of said abandonment to the officials on the course, any relationship of assistance from the Organisation ceases in any case. The return to the valley of the athlete who has abandoned the competition not due to any physical impediment, will therefore take place without any liability for the Organisation. At the moment of abandonment of the race the athlete must communicate this to the nearest control post where a release form will be signed and the person in charge will collect the bib and chip/transponder.

At the end of the competitors, the course will be fully completed by the 'track-closing' officials who will follow the last athletes, thus ensuring, when the event is over, the absence of participants still competing on the competition course.

Emergencies

In case of need and emergencies, in addition to the organisation's staff present along the route or at the refreshment points, area managers can be contacted at the contact details:

- Diego Salvador +39 347 7203652
- Ivano Ploner +39 338 4347375
- Alberto Rigodanza +39 392 7567062 (track closer)

It is mandatory to have a mobile phone with you so that you can be contacted at any time.

In the race packet, which will be handed out to each athlete, there will be all the indications on who to call and what to do in the event of one's own or another athlete's difficulties, there will also be a map of the route with the number of the race manager.

Refreshments and assistance

The following refreshment points will be set up along the race route, where liquid (ex. water, coke, salts) and solid (e.g. gels, bars, biscuits, bread, dried fruit, fresh fruit) supplies will be available to athletes and more specifically in

Passo Fedaia 12,000 km race

Passo Pordoi 25,500 km race

Col Rodella 35,900 km race

In case of abnormal temperatures (too hot), the organisation will organise additional 'water points'.

Food and beverages must be consumed on site, in the delimited area of the refreshment point where NO plastic cups will be present. Each athlete may replenish their camel-bag or water bottle with water and supplements provided by the organisation. At each refreshment post there will be containers for the collection of waste, which must be used by the athletes.

In order to avoid gatherings at the predetermined refreshment points, all athletes can still be assisted and refreshed at any point along the race routes by their own helpers. The rules of respect for the environment are also imperative, which include the collection and transport downstream of all material used for refreshments, with direct responsibility on the part of each race assistant.

Each athlete must carry the necessary equipment to be self-sufficient in the sections between one refreshment post and the next.

At the end of the race, shower facilities, massages and a pasta party will be available in the finish area that is specifically set up for the occasion at the Canazei park.

Modification or Discontinuation

The organisation reserves the right, at its sole discretion, to modify the routes,

postpone the start, temporarily suspend or definitively stop races for

all or part of the competitors, if there are situations that could seriously jeopardise the safety of the athletes or people along the route (e.g. helicopter rescue operations, rock falls, etc.).

The organisers may decide, in case of particularly difficult weather conditions, to suspend the race during its running: in this case, the classification will be based on the passages made at the last

control.

Environmental policy

The organisation asks all athletes to respect the environment. Competitors are asked not to throw glasses, paper and waste of various kinds on the ground, for which there are special containers at the refreshment posts. Those who do not respect these provisions will be given a two-minute penalty.

The organisation is not liable for the loss/stolen material or personal effects left unattended before, during and after the race, at the race office or in the start and finish areas.

Image right

By registering, the athlete expressly authorises the Organisation to use, free of charge, the images, still and/or moving, that portray him/her during his/her participation in the competition in question. The Organisation may therefore assign to its institutional and commercial partners the rights to use the image provided for in this agreement. This authorisation to use one's image shall be understood to be granted for an indefinite period of time and without territorial limits, for use in various promotional and/or advertising publications and films made on all types of media.

Awards

The presentation and technical briefing of the race will be held on FRIDAY the 19th of JULY 2024 at 06.30 p.m. in Piazz Marconi in Canazei. Further information on the route situation will be given in the moments before the start.

Prizes will be awarded to the first ten male and first ten female overall finishers. The prize-giving ceremony will be held on SUNDAY the 21st of JULY 2024 from 2 p.m. in Piazz

Marconi in Canazei. For competitors who will not be present at the prize-giving ceremony, no prizes will be awarded. There are no age category prizes.

For further information or any other requirements, please contact the Organisation at the race office.

Entry fees

The registration fee for the race is € 60.00 (sixty) until 30/06/2024 and € 65.00 (€ sixty-five) after 01/07/2024. It will also be possible to register on race day at the race office.

The registration payment includes what is described in these regulations, the rescue, refreshments at the refreshment stations, race package, shower service, massages and pasta party at the end of the race.

In addition, possible return transports to Canazei in case of withdrawal from Passo Fedaia, Passo Pordoi, Lupo bianco and Col Rodella.

Registrations must be made exclusively online with payment by credit card

via the appropriate link on the official competition website www.dolomythsrun.it. Registrations will close on the 10th of JULY 2024.

The Organisation also reserves the right to increase the maximum number of competitors or to allocate wild cards even over the maximum number of athletes admitted exclusively at its discretion.

The bib delivery will take place exclusively in Canazei (TN) at the council hall of the municipality of Canazei from 10 a.m. until 7 p.m. on FRIDAY the 19th of JULY 2024 and on - of the race day SATURDAY the 20th of JULY 2024 starting at 04.00 a.m. and ending at 04.30 a.m..

Refund of registration fees

In case of withdrawal from participation after regular registration, and for any reason:

- no refund of the registration fee is possible under any circumstances,
- no transfer of bib numbers from one competitor to another will be possible,
- no postponement of registration to the next edition is previewed.

In case of cancellation for reasons of force majeure or by provision of law and/or of the competent authorities, it is in any case at the sole discretion of the Organisation to provide a partial refund.

Should the maximum number of entrants be reached in large advance ahead of the closing date for entries, it is at the sole discretion of the Organisation to set up a waiting list for possible cancellations.

Complaints

Any complaints must be made to the Organisation in written form to the following address:

info@dolomythsrn.it or by registered mail to Strèda de Anterises n. 14 - 38032 Canazei

(TN).

Info and Organisation contacts

Address: Strèda de Antersies, n. 14 - 38032 Canazei (TN)

Website: www.dolomythsrn.it, Facebook: [dolomythsrn](https://www.facebook.com/dolomythsrn),

E-mail: info@dolomythsrn.it

The original version of this document is in Italian. In case of any inconsistency or discrepancy

between the Italian version and any of the other language versions of these regulations, the Italian version shall prevail.